

# Saturn's Bramble Tea

BY MAEG KEANE



1 TSP DRIED ROSE  
PETALS

1 TSP DRIED  
BLACKBERRY LEAF

2 CUPS WATER

*Enjoy this simple recipe on a Saturday (Saturn's day!).*

**YIELD:** 2 cups

**SHELF LIFE:** Best enjoyed when you brew it.

**TIPS:** If you find this blend too astringent, a bit of marshmallow leaf may take the edge off.

1. Boil 2 cups of water.
2. Pour over the blackberry leaf and rose.
3. Steep, covered, for 10 minutes.
4. Strain and enjoy.



**HERBS**  
with ROSALEE

# Maeg Keane

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Maeg Keane is a consulting astrologer, herbalist, and writer. Their work is rooted in an animist, devotional approach that tends to the ties that bind us to each other and to the more-than-human world. Whether relating to the stars from which we come or to the alive and wise planet we call home, Maeg hopes to bring people into nourishing companionship with the teeming, enchanted world around them. They run Third Sister, an online client practice through which they offer one-on-one astrology readings and herbal care.

You can find more from Maeg at their website, [third-sister.com](https://third-sister.com).

You can also find Maeg on [Instagram](#), [Facebook](#), and [Twitter](#).

