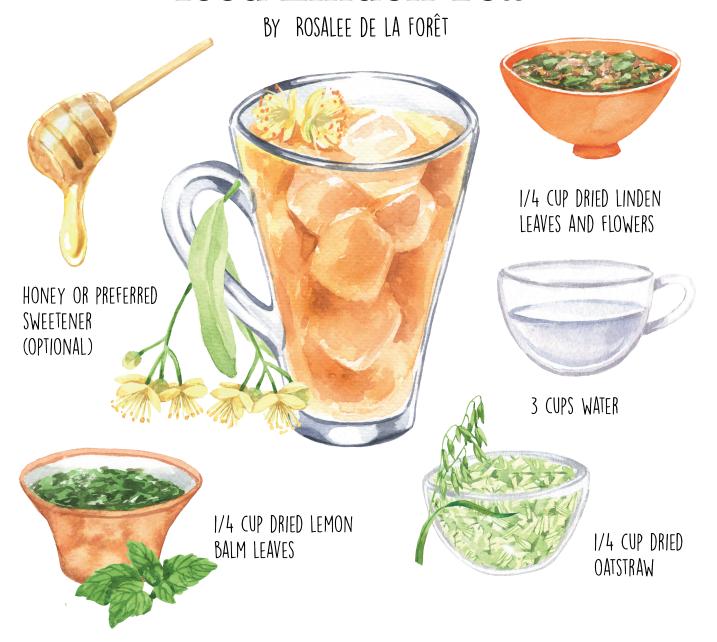
Iced Linden Tea



This refreshing blend is the perfect way to cool down during hot summer months. Or, if desired, you could enjoy it warm as well.

YIELD: Approximately 3 cups

- 1. Place all of the herbs in a quart jar.
- 2. Bring the water to a boil. Pour the water over the herbs, stir well, and then cover with a lid or towel. Infuse for 15-20 minutes.
- **3**. Strain. Add sweetener if desired. Stir well. Add lots of ice cubes. Drink within 24 hours.

